

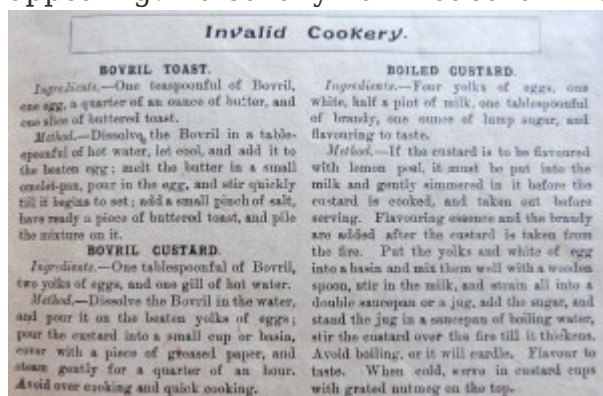
My Favourite Object at Burymead....and Goodbye!

Now that I am coming to the end of my time working for the North Herts Museum Service I thought it would be a good opportunity to share with you what is my favourite object in storage at Burymead.

I have chosen a selection of 'Home Cookery' magazines which date from 1911-1919. My reasons for choosing these are simply because I enjoy cooking myself and found it interesting to see the recipes people were using 100+ years ago.



In the 1911 publication I particularly enjoyed the 'Invalid Recipes' which include Bovril Toast, Bovril Custard and Boiled Custard. I wonder which of those you would find most appealing? Personally I am not sure which I would prefer!



The second publication I have chosen is from the war period and is dated October 1915. The focus of this issue is on the cheap cuts of meat which can be found, and how to plan a week's meals in advance. This includes substituting meat for other food stuffs including oatmeal and breadcrumbs to bulk out a meal.

